

As the Delta and other variants of COVID continue to increase in the Bay Area, we are still able to offer in person visits for our patients in addition to telemedicine appointments. We still require **ALL** patients (age 2 years and up) to wear a mask without a valve at all times. Some office procedures will require a negative COVID test shortly before the procedure. This is for all patients whether vaccinated or not.

Our office is taking special precautions to maximize your safety during this COVID pandemic. This includes thoroughly disinfecting of our waiting room and exam rooms before and after each patient visit. We are screening all patients for COVID symptoms prior to their appointment as well as doing temperature checks upon arrival. We ask that you do not come to an appointment if you have a fever, cough, shortness of breath or any other COVID symptom listed below. We are also trying to minimizing the number of patients in our waiting room. Please do not bring any visitors to your appointment, except in the case of minors or persons requiring a caretaker's assistance.

We hope you and your family are all well and we look forward to seeing you in the office.

Best wishes for good health,

Jennifer Bock Hughes, MD
Christina Laane, MD
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COVID Symptoms:

- Sore throat
- Cough
- Shortness of breath
- Runny nose (in the absence of known allergies)
- Unusual headaches
- Severe fatigue
- Fever / chills
- Gastrointestinal symptoms (diarrhea, stomach cramps)
- Loss of sense or smell or taste
- Pink eye